

SCAPA Kristina Hardner, Pilates Coach

The Sandringham College Academy of Performing Arts (SCAPA –Dance) is fortunate to have a number of truly gifted and talented people supporting our students. We would like you to know more about these professionals so here is the biography for Kristina, our Pilates teacher.

Kristina Hardner started dancing at the age of 4. She received a perfect score (50) in VCE VET dance and was chosen to perform both her jazz and contemporary solos at the 2009 VCE Top Class concert, receiving a Premier's Award in the same year.



Kristina went on to complete a Certificate 4 in Dance from Spectrum Dance Full Time Performing Arts and since graduating has performed at numerous corporate functions and events across Melbourne.

Kristina has completed the Level 2 APMA Pilates Instructor course as well as Certificate 3 and 4 in Fitness (Master Trainer).

Kristina has taught Pilates at Sandringham College since 2015 and also teaches Pilates and dance at many studios across Melbourne.

Frank McNamara, Academies Leader