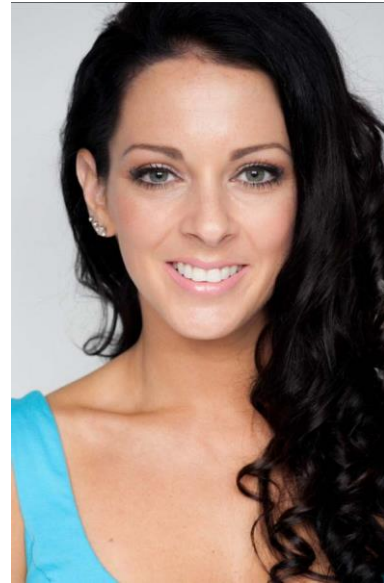


SCAPA Kelly Bryne, Strength Conditioning & Pilates Coach

The Sandringham College Academy of Performing Arts (SCAPA –Dance) is fortunate to have a number of truly gifted and talented people supporting our students. We would like you to know more about these professionals so here is the biography for Kelly, our Strength, Conditioning and Pilates teacher.



“My name is Kelly Bryne, I am a professional dancer, aerialist, dance teacher, stretch coach & Pilates instructor with a passion for health & well being.

Although my training was predominantly ballet based having completed years 11 & 12 with the Queensland Dance School of Excellence & Queensland Ballet, then a Diploma of Dance as a classical ballet major with Dance World 301, I also trained many facets of dance including jazz, contemporary, lyrical, commercial & tap. In search of a new challenge I began aerial 8 years ago- teaching & performing pole & aerial lyra, & was also offered a contract with Cirque Du Soleil in 2015.

“Professional highlights include Cirque Le Noir world tours, 2014 Commonwealth Games Hand Over Ceremony Glasgow, Cruise ship contracts, SYTYCD, Melbourne Spring Fashion Week, Baz Lurhmann Emporium opening, Jupiter’s Casino Shows, Dancing With The Stars, Starstruck, The Footy Show, TV Commercials, Neighbours, ABC TV short series, Victorian Pole Championships, 100% Kylie Show international tours, numerous Galas & corporate events internationally & across Australia.

“Along side of my own training & discipline I have been fortunate to have the pleasure of teaching full time dance students, juniors, seniors, babies & adults from beginners to elite levels for over 14 years. I love everything about flexibility, alignment & body awareness, combined with my passion for yoga & Pilates I have developed my own style of stretch & conditioning classes, moving into a more technical approach after completing an APMA Level 2 Pilates Course last year.”

Frank McNamara, Academies Leader