College Principal
News

As we conclude the school term, and reflect on the various activities and events hosted over the last 8 weeks, I can honestly say that the College has had a great start to the year.

This list is by no means all that has occurred, but highlights include: the welcoming of new families to the College, hosting leadership assemblies on both campuses, taking students from years 7, 9 and 12 on camp, holding fund raising activities through the campus SRC’s and providing parent information evenings and mornings for our VCE and year 7 parents. In amongst all of this we were also delighted to welcome the Deputy Premier and Minister for Education the Honourable James Merlino who officially opened our new Discovery Centre.

As staff and students have now settled in to using the Discovery Centre at Sandringham 7-10 campus, we are pleased with the progress of our designs for the new Maths / Science/ Media centre (pic below) and new Administration building (pic above) to be constructed later this year on the Senior and 7-10 campuses later this year. Here are some images of the new projects - you can see how excited we are to have construction works approaching.

The College Council has held its AGM and we are pleased to welcome Argy Rohowskyj as a parent representative and Melinda Gall and Ben Ditterich as DET representatives for 2016. The Council acknowledged our retiring Councillors, past president Ron Wakefield, DET representative Peter Hamilton and parent representative David Adams, all of whom have been valuable contributors to our College Council and have actively contributed to ensuring the ongoing success and improvement of our College.

This week we have hosted our Parent / Teacher / Student conferences and it was wonderful to see so many parents and students attending, working in partnership to ensure successful outcomes for their students. I encourage students particularly to reflect on their Interim Report data and the feedback provided by their staff. If you were unable to attend the interview days, and wish to make contact with staff, please contact the campus offices.

On behalf of the Principal Team and Staff, I wish you all a happy and safe term break and we look forward to welcoming you all back on Monday 11th April.

Suzanne Reinhardt, College Principal

KEY DATES

March
24th End of Term One

April
11th First day Term Two
14th Senior Winter Dance Auditions
15th 7-10 Winter Dance Auditions
17th Senior Campus Working Bee
22nd ANZAC Day Assembly
25th ANZAC Day Holiday
27th College Open Night 7pm Bluff Rd

May
3rd Year 7 Immunisations
9th-11th Year 8 Camp
10th - 12th Naplan
12th International Soiree
Winter uniform Cross-Over Years 7 to 11

All students and families are reminded that Term 2 is the beginning of our “Winter” terms. As such the first two weeks of term 2 are “cross-over” times where summer or winter uniform may be worn. From Week 3, Term 2 all students are required to be wearing the winter uniform. Please refer to the College website (http://www.sandringhamsc.vic.edu.au/our-college/uniform/) for further information about the uniform requirements for Years 7 – 11.

2016 School Writing Competition is NOW OPEN!

Calling all Australian school students... prep to Year 12...
Write a poem or short story for your chance to win $1,000 cash ($500 for you & $500 for your school)! As well as some AWESOME prizes including an iPad Air, Xbox and more!
All it takes is a burst of inspiration, a dash of creativity and a little bit of effort for great poems and stories to appear! We can’t wait to read yours!
Entry is FREE! Entries close Thursday 31st March, 2016.
www.write4fun.net
Enza Sepe, Head of English 7-10 Campus

Good Luck to Amber (Year 9) & Courtney (Year 12)

The sisters are off to Melbourne State Aquatic Centre (MSAC) to compete in the Regional Swimming Championships after performing well and winning their races at the Kingston District Championships. Whilst most of the year 9 cohort were at the Grampians on camp last week Amber Stelling was preparing for the National Swimming Championships to be held in Adelaide during the holidays where she is competing in five separate events. Interestingly Amber has also been featured on the front of a Swimming Australia brochure.
Courtney was also named Open Girls Champion Swimmer at the meet.

Accountancy Scholar Prize

Each year the Bayside Business Network recognises the hard work and effort of a select group of high performing students who have made a commitment to the study of Accounting.

It is my pleasure to announce that Lucas Morris was one of only six recipients of this prestigious award for 2016.
Lucas worked diligently on all aspects of Unit 1 and 2 accounting last year.
He always demonstrated a hardworking and mature approach to all required tasks and this was reflected in the outstanding results Lucas achieved throughout the year.
This year Lucas has continued this approach to Unit 3 Accounting and has also taken on the commitment of university enhancement accounting.
Lucas was presented his award by the mayor at this year’s Bayside Business Breakfast that was held on March the 1st at the Brighton International.
Congratulations Lucas!
Deb Hanlen

Year 7&8 Term 1 Sports have now concluded and all teachers reported an improvement in skills of the students chosen sport.
Preferences have already been placed by students for Term 2. Sports students will participate in will be AFL, Netball, Badminton, Soccer (Boys and Girls) as well as Dance.
Teams have also been finalised for the Kingston District Equal Opportunity Day on April 27th. On this day boys will play Netball and girls will play Football.
Kerri Deegan, Sports Coordinator 7-10 Campus
Library News

The campus libraries at Holloway and Bluff Roads have started 2016 at full-throttle.

Unlike libraries of yore, nowadays we operate as an often noisy hub with studying and researching and reading still our core business, but with our resourcing expanding to include board games and iPad games (iPads on Thursdays only at Bluff Rd).

Book Club hasn’t yet taken off for the year at the junior campus, but once we have a time that all interested parties can participate, it should be popular and well attended, especially as we intend to embrace fan fiction.

The Sandringham College Reading Challenge is open to all students and involves reading fifteen books between January 1st and Book Week in Term 3. Students are rewarded with a certificate and morning tea, along with other book week activities.

A number of beautiful and informative library displays have been prepared for students, with St Valentine’s Day, International Women’s Day, Saint Patrick’s Day and Easter being the thematic offerings in term One.

Most of the Year 7 cohort has completed the library orientation programme, and have discovered the ‘Libsite’ which has numerous resources to assist all students with their studies. Year 9 Horizons students have learned to prepare and write bibliographies and have discovered the link to the local library service.

Staff and students have the opportunity to participate in ‘The Think Tank @ Sandringham College’, which extends the curriculum and provides challenges and problems that can be explored in a supportive and engaging environment. This programme is due to start in Term Two, and planning is well under way.

Holloway Rd library (Senior Campus) has extended its opening hours and now operates until 5pm on Tuesdays and until 4:30pm on Thursdays when a homework club runs. The homework club is a great club for those wanting to get work done in relative peace and quiet, or to have extra tuition with a number of teachers available to assist students with tasks. Homework club continues at the 7-10 campus on Bluff Rd on Mondays and Thursdays for an hour at the end of the school day.

Senior students can get a hot drink at the Holloway Rd library each morning from 8am until the start of classes. This is particularly appreciated by those who haven’t had time for breakfast, and by those who need a warm cuppa to kick start their day.

The library staff at Holloway Rd and Bluff Rd help students with their studies by providing relevant resources and timely assistance with library related matters. We are always developing programmes and strategies to ensure the academic and social success of all students at the college.

Jillian Dunn, Eleanor Schmidig, Kerri Deegan, Sharon Brookes.

Homestay Families

Sandringham College International Program is a select entry program for students from many countries including China, Japan, Germany, Austria, Belgium, France, Italy, The Philippines, Papua New Guinea, Egypt, Brazil and Columbia.

Students will study at the College for three months, six months or long—term.

Students are aged between 14-18 years old and need to live with Australian families who will provide a bedroom for their own use and three meals per day.

Homestay families will be paid $300 per week to cover the cost of food, internet and accommodation. We are seeking new families to become involved in the program for new students arriving in July.

Please contact Kerry 8599 0521 to enquire or register your interest in the program.

Staff vs Student Netball Game

Today, staff across all faculties, campuses and classes came together to face a common rival – our year 9s and 10s.

With a large audience of students favouring our opposition, and faithful staff onlookers on our side, an INTENSE match ensued.

After an early lead to the students thanks to year 9 Callum, the staff caught up as Dan the Man Haddon found his rhythm and was joined by Ciar the WEAPON Foster, soon followed by all-rounder Ben The Inglorious Spathis. Our champion mid court crew put the pressure on our beloved students – Abie Stevens, Thea Barry, Nick Gilchrist and Em Homman just to name a few. After a tad bit of confusion and then discussion about the score, it was found that the staff WON BY TWO GOALS! Thanks to Georgia and Meg for their services in umpiring the game – both did a great job of calling (and not calling!) everything! Next term soccer against our 7s and 8s! All welcome!
Food & Technology Students Practise their Skills

As a part of Food & Technology, students are required to learn and understand the use of complex processes in food preparation of food items. During first term, the Unit 3 students reinforced their knowledge and skills to produce bread, pasta, cheese sauce, tomato sauce, lemon curd, cake, meringue, jam and puff pastry. Students will have the opportunity to select foods suitable for their own choice of occasion i.e. Design Brief, next term. The complex skills reinforced in class can be used then and could also be knowledge tested in the final VCE exam.

Annette Vichie, Food Technology Teacher

Happiness is a garden

The weather has given the individual gardens of thirty six VCE/VCAL students a wonderful start with the growing season being extended with more than the usual heat, humidity and sudden downpours of rain.

Clearing the land took quite a while but was enjoyed. The spreading of lime, cow and chook manure was a challenge to some because of the smells, but the students have learnt that a good soil is a productive one. Consequently, last week bok choy and lettuce were sold to the teachers and this week it will be lettuce and basil.

Lesley Parker, Ag & Hort Teacher

The Careers Room at the Senior Campus is located within the Student Managers wing. The Careers and VET Coordinators are both located here. It is open on Monday, Tuesday, Wednesday and Thursday between recess and lunch. Students can just pop in, or if they wish to discuss something in particular, they can make an appointment on the sheet outside the Careers room.

It is pleasing that so many Year 12’s have been making good use of the Careers Centre. These students will need to make choices for life beyond school and the sooner they start checking out the range of options available the more prepared they will be.

Part of the success of our previous Year 12’s making a positive post school transition to university, TAFE or the work force is the use they made of the services and support offered by the Careers Unit.

Year 11’s are also encouraged to make an appointment or just pop in for a chat - It is never too early to start your exploration!

The room is stocked with valuable information on courses and careers such as:

• University and TAFE courses, specific course and career material
• Resume information, a range of web based career information
• Interview Skills resources
• Information on Overseas Exchange & GAP programs
• Apprenticeship, traineeship and cadetship material
• Private training providers, VTAC and VCAA
• Work Experience and work placement forms
• Interstate Universities, part-time Jobs
• Scholarship Information, Career Information sessions,
• Open Days, Subject Selections
• University Enhancement Studies
• Any VET queries and much more...

Jeni Ritterman, Careers Advisor
VCAA - The Plain English Speaking Award - Competition Open to Year 11 and 12 Students

The Plain English Speaking Award (PESA) is a public-speaking competition for students aged 15-18 years. PESA provides an excellent opportunity for students to build self-confidence and extend their skills in oral communication, speech writing and research.

The competition encourages students from government, Catholic and independent schools to speak to their peers from other schools on topics they are passionate about.

In Australia each year state and territory committees organise and conduct competitions at school, regional and state levels. State winners then go to the national final, which is held in the various states and territories on a rotational basis.

In Victoria, PESA is organised and conducted by the Victorian Curriculum and Assessment Authority (VCAA). The Australia-Britain Society generously sponsors the Award.

We are able to enter two students in this competition. 2015 Sandringham Finalists were Isobel Dean and Loughie Foley

Please contact Jenni Howard or Peta Prokopos for more information

Year 12 Leaving Garments

Orders Close: Friday 18th March

How to Order
1. Go to orders.reformclothing.com
2. Enter the unique code: S87682
3. Carefully follow the steps to place your individual order.
4. Pay for your order online using a credit or debit card.

Contact: howard.jenni.c@edumail.vic.gov.au

In The Driver’s Seat - Sunday 20 March 2016

This was a charity event unlike any others. The Warrandyte Lions Club each year give the legally blind (VIPs) the opportunity to drive a car around Sandown Racetrack with professional driving instructors. The VIPs also get the opportunity to have joy rides on Motorbikes and in classic cars. In 2016 there was a new addition to the line-up with Musical entertainment being supplied by Sandringham College Students.

Nina Sealover played a mini set of popular songs at 11.30am followed by the new college Funk/Soul Band “Deja Groove” at 2.30. The feedback from the VIPs as well as family members, bikers, drivers, instructors and volunteers was amazing, commenting on the professional & energetic sound and performance by the students.

The day was followed up with a special guest appearance and performance by ex-Sandringham music student and winner of The Voice, Harrison Craig. Truly a brilliant day and outstanding musical performances. Well done to all involved and thank you for giving up your time to be a part of such an amazing event that changes the lives of many VIPs.

Deja Groove is:

Vocals - Tabitha Kendall, Sanchia Watts, Zac Rose & Maggie Chapman

Horns Section - Tom Roberts, Evie Pohl, Odin Karis, Anna Bomm & Nicola Leussem

Rhythm Section - Quin Grunden, Jack Constantine, Jordan Lewis, James Bade & Callum Grange

Ben Pisani
Senior Round Robin

Congratulations to our senior school students who had a fantastic day participating in basketball, futsal and tennis during our summer round robin. The boys’ basketball team was successful in making it through to the semi-finals, only to be defeated by a couple of points after a courageous fight-back. The girls’ futsal team had a wonderful day of laughs and placed 3rd overall. The Sandringham students were high in spirit and this was captured by Quin Grunden, “There’s no such thing as a loss, everything’s an experience.”

Unit 3 Outdoor & Environmental Studies Sea-kayak Camp

The unit 3 O&ES ventured off on their first camp for their studies, exploring the environment of Westernport Bay via a sea-kayaking expedition. The first day was began with soaring temperatures into the 40’s, but we were able to practice a capsize drills and cool off in the ocean. The next days consisted of paddling the bay from Flinders to Balnarring, evening enjoying the sights of a pod of dolphins frolicking in the water around our kayaks. The four days out on the ocean paddling as a class was a wonderful experience had by all.

Bree Burke, Senior Sports Coordinator

Top Arts Excursion

On Tuesday 15th March students from our Unit 3 Studio Art (Drawing and Photography) and Unit 3 Art went along to the National Gallery of Victoria (Australia) at Federation Square to be inspired by the high achievers in their subjects from 2015.

Students were able to view examples of A+ folios in a range of media, sculpture, painting, photography and drawing among others. These were viewed in a special room, with gloves worn to protect the artworks, this gave them a better perspective on the care and handling of artworks. Seeing the amount of work put into each folio gave the students a better understanding of what they need to include to get the best possible result.

They then had a talk outlining aspects they needed to include in their folios and finished works. This was complemented with a visual display and background of some of the artists and artworks in the exhibition.

In the afternoon students broke into smaller groups to view a range of different gallery spaces including ACMI, Hosier Lane, NGV and others.

All up an inspiring day for students and their teachers.

Jan Allen, Suzanne Arnott and Cathy Ferguson.

Top Designs 2016

Top Designs is an exhibition which displays folios and practical work of students from the previous year.

All design students including Technology students taking Food Technology and/or Product Design and Technology will benefit by viewing folios of past students to gain presentation ideas and to reinforce requirements of their School Assessed Task. Visual Communication & Design work is also showcased.

The Exhibition

Be inspired by the creativity and skills of Victoria’s best design students. Works include furniture and objects made using wood, metal or plastic; garments and articles using fibre, yarn and fabric; graphic and product design; short films; interactive media; publishing; photography; food; and mechanical and electronic projects.

Top Designs 2016 – part of the VCE Season of Excellence. Don’t miss this annual opportunity to see an inspiring exhibition of works produced by VCE and VCE/VET students.

When: Daily, from 18th March until Sunday 10th July 2016
Times: 10:00 am - 5:00 pm
Location: Melbourne Gallery
Access to the gallery is included with museum entry. MV Members and students showing school ID cards receive FREE museum entry.

VCAL News

VCAL students are helping the RSPCA and the Lost Dogs Home by collecting donations of spare towels, blankets or dog food that you may have lying around your home.

Please place your donations in the Library or Staffroom at school.

VCAL students will be running a Mother’s Day stall at both campuses early next term. Dates and details will be announced on Daymap. Beautiful terrariums, home-made candles, edible goodies and jewellery will be available.

Please support our students at the Beaumaris Farmers market on Saturdays. Hand crafted wood products for sale, proceeds donated to Bailey House.

Justine Sakurai
Principal’s Report - 7 to 10 Campus

Our first term for 2016 may have seemed like a short eight weeks, but we enjoyed many significant events.

Our Year 9 students have returned from their Hall’s Gap camp last week. Of course, we thank a wonderful team of teachers who supported the students on the camp, including Nadine Clarke and Nigel Kain, who organised the three days. Our next camp is in May with an adventure for our Year 8 students, currently being organised by Jim Hiotis. I feel certain our Year 7 now feel a special part of our school community and there is no doubt their camp at Forest Edge allowed them to connect strongly with each other and their teachers.

We have been delighted to visit a number of our local primary school as our Year 7 student leaders presented to Grade 6 students the many exciting initiatives in our college such as the IPAD and SEAL programs as well as our Academies. It has also been a great opportunity to discuss our introduction of the Year 7 home in the Discovery Centre. On April 27th we host our Open Night when the many people interested in our college have the opportunity to see all our teachers and students engaged in the diverse educational programs we are proud to offer.

I congratulate our students on their Term 1 achievements in a busy and active term. I trust parents were able to attend Parent-Teacher interviews and gained valuable insight into your child’s academic progress. Please enjoy the Easter and holiday break as we look forward to our return to an equally successful Term 2.

Russell Watson, Campus Principal

7 & 8 Overview

Already we find ourselves at the end of Term 1. It has been an extremely busy term for our Year 7’s and 8’s and I have been very proud of how well students have settled in to a productive routine and the many extra activities they have involved themselves in.

We have been taking small groups of Year 7 students back to their former Primary Schools to speak to the Grade 6’s about how they have settled into Secondary School. I have been so proud of how confidently they have spoken to a large group of students and how well they have represented Sandringham College. It was especially nice to hear how much they have enjoyed the challenge of starting Year 7 and all of the activities they have been involved in – especially their Camp.

As the term draws to a close it is a good opportunity for parents to discuss the appropriate use of iPads with their children. Most students are using their devices effectively. Learning Field subscriptions, as mentioned previously, are now overdue and should be finalised asap. Some of the key strategies we have been promoting with students are:

- iMessage – needs to be switched off during the school day.
- Air drop – needs to be disabled unless specifically required for a class activity as directed by the teacher.
- iPads are only to be used when directed by the teacher. Teachers will invite students to use them as needed – all other times they are to remain closed.
- Social Media – is not to be installed on their iPads or used under any circumstances at school.

Just a few reminders for next term:

- Charge – iPads need to come to school each day fully charged.
- Safety – all students must have a lock on their locker and a sturdy case for their iPad in order to keep it safe.

These are just a few strategies to assist in using the devices effectively. For further information I would encourage you to revisit the ‘Acceptable Use Policy’ with your children.

I would like to wish everyone a happy Easter and a safe and relaxing holiday and I look forward to seeing everyone refreshed for Term 2.

Steve Dixon, 7 & 8 Sub-school Leader

Year 7 News

It has been good to see how confident the year 7’s had become since the start of the year. It’s hard to believe term one has almost finished.

Just a few reminders for next term:

At the start of Term 2 we have a two week cross over period where students may wear either the summer or winter uniform. After this cross over period, the expectation is that all students are in full winter’s uniform until the end of Term 3. As part of your preparation, please ensure that all items of the uniform have been marked with the student’s name, especially the ties and jumpers.

All year 7 students should be at school well before their 8.45am Form Assembly. When students miss this or their first classes of the day, they are missing important information and falling behind in their studies. A student who arrives late without a note will incur consequences.

I hope everyone has a relaxing break.

Mariza Pagel, Year 7 Student Manager

Year 8 News

What a busy and positive first term so far. Swimming Carnival, school photos, term 1 Summer sports weekly competition, Aquathon and a brand new Learning/Discovery Centre. The Year 8 students have settled nicely and are working well to achieve their learning goals. Our year 8 sporting teams have been successful on a regular basis winning often in friendly matches against local schools. Lots of different students have been caught being good and have received prizes in the blue raffle ticket system.

The notices were handed out for the upcoming Year 8 Summit Camp in Trafalga East from 9th – 11th May. Parents/Guardians and students need to read the information carefully, discuss the camp and return the forms as soon as possible. Full payment for the camp needs to be made 2 weeks prior and financial assistance is available. Students can expect to get challenged, wet and very muddy - but they will love it.

Jim Hiotis, Year 8 Student Manager

Carpark Caution

We ask that all parents driving into our car park take extreme caution by driving under the designated speed limit and following directions. To maintain student safety and avoid congestion it would be preferable not to enter the carpark as a drive-through. Students can be dropped off and collected outside the school. We trust you will understand this request.

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Jim Hiotis, Year 8 Student Manager
Year 9 News

Year 9 Students embarked upon their Challenge Camp last week at the glorious Grampians. There were a range of challenges as part of the camp such as carrying all their belongings in their backpacks, hikes, kayaking, rock climbing, abseiling and camp cooking on trangias. The other challenge that students had was the weather. The first two days were quite hot and then on the second night there was storm.

Their camp had an indigenous focus, which they had been looking at as part of ‘Initiatives’ in their Horizons program. So building upon this knowledge, students took part in the cultural activities at Brambuk cultural centre, which included boomerang throwing, playing the didgeridoo and a film about the creation myths.

Students worked extremely well with each other and the staff on the camp. They demonstrated excellent skills and abilities during each of the activities. They were compassionate and encouraging of each other, they all showed excellent resilience.

I am sure students will continue to develop these skills this year which will leave them in an excellent position to be leaders of the 7-10 campus next year.

Nadine Clarke, Year 9 Coordinator

Year 10 News

Term One has been moved extremely quickly for our year 10 cohort, but have achieved so much in a small period of time. Parent Teacher Conferences are a great opportunity to gain feedback from teachers face to face and ask questions about where students can be challenged, extended and also what areas need improvement. Hopefully you had time to book an appointment and talk with your child’s teachers this Tuesday.

It’s been great to see students confirming their Work Experience placements. Work Experience will be approaching very quickly and it is important to be organised in order to get a placement that you are happy with. Students should be thinking about what career path they are currently thinking about following and researching different perspective work placement ideas. A lot of workplaces only have limited spots available, so first in best dressed!

A reminder that students must be considerate of others both inside and outside the school environment. When travelling via public transport students should leave walkways clear of bags, should use appropriate language and should also be considerate of other passengers and give up their seats when appropriate. Thank you and have a great holiday

Adam Paterson, Year 10 Student Manager

Year 10 Work Experience

20 June – 24 June 2016 (Compulsory)

All Year 10 students will be required to do work experience during school time in Term 2.

Students have had time in class to discuss this matter and NOW they need to finalise their Work Experience placement. Work Experience Arrangement forms are due at the start of Term 2.

Several students have already taken the time to visit the Careers room to seek assistance and are on their way organizing their work placement.

Students are encouraged to visit the Careers room at lunchtimes for any queries or assistance they may require.

If any parent would like to discuss this matter further, I can be contacted at school on 9599 5602.

If anyone has a business or place of employment available for work placement, please contact me ASAP as we have a need for more placement opportunities.

Work Experience involves much paperwork and I seek your co-operation in ensuring that official forms are completed and returned promptly.

Mary Tonios, Careers 7-10 Campus

Sally on Year 10 Work Experience in 2015
A Harmonious Shave

Monday 21st March was Harmony Day at the Sandringham 7 to 10 College - students and staff wearing a touch of Orange and donating a gold coin to show support of cultures in Australia and donating the money to Refugees in Australia.

Monday was also the day Raz, from Year 9 at Sandringham College, showed enormous bravery and had her shaved in front of a supportive (and paying audience) in support of the World’s Greatest Shave.

All funds go to the Leukaemia Foundation and Raz’s beautiful ponytail will be used to make a wig for those experiencing hair loss through their treatments.

We are still accepting sponsorship money for Raz till the end of the week.

If you would like to support her fantastic effort please bring your money to either College Office.

Alternately donate online to [http://worldsgreatestshave.com/](http://worldsgreatestshave.com/)

Music Club – Sandringham 7 to 10 Campus

**Where:** S3 Music Room

**When:** Tuesday Lunchtimes

All abilities welcome, looking forward to seeing you there.

If you have any questions look for Scott England in class 10C.

7-10 Sport News

Year 9 and 10 recently participated in the Term 1 Intermediate Round Robin Sports Day. Sandringham entered teams in Softball, Volleyball and Tennis. All teams performed well in the hot, humid conditions with Softball finishing 2nd.

Our boys Volleyball team made up of Year 10s won the Kingston Division and are now Kingston Division Champions. The boys finished the day undefeated. They will go on to compete in the Preliminary Final against the winner of the Beachside Division at the State Volleyball Centre in April. GOOD LUCK!!!

Kerri Deegan, Sports Coordinator 7-10 Campus
Dance Academy Update
Dance Academy kicked off the New Year in success. We are already seeing improvements in all our dancers and clear potential in many academy participants are coming to light.

Students are enjoying a range of new classes that have been offered in term 1.

Winter Dance 2016 Auditions
Attention all Sandringham College dancers!
Junior Dance Academy students, as well as all dance students across the College, will showcase their talents in our Winter Dance Production in Term 2.

We are seeking new and exciting dance works for our annual Winter Dance showcase.

Routines including trios, duets and solos are welcome.

Auditions will be held in Room 16 at Senior Campus, lunch time on Thu 14th April and the Dance Room (S2) - at the 7-10 Campus on Friday 15th April.

Please see Grace Hamilton or Dom Cowden for further information.

Sports Academy Aquathon
Monday the 21st March, a fantastic day to hold the first Sandringham College, Sports Academy, Aquathon. Sun shining, the bay at its best and approximately 100 students from Years 7, 8 and 9 participating.

Students were required to run 1.5 kilometres along the beach, swim 150 meters and then run another 1.5 kilometres to complete the event. There were some amazing times in each year level and students found the event fun, challenging and rewarding. Hopefully this experience might open up a new avenue of exercise and competition for some of our students.

We would like to thank the Sandringham Life Saving Club for its support in allowing us to access their facilities and utilise their equipment as this made the day safer, more enjoyable and assisted with organisation.

A thank you to the staff involved; Mr Wegner, Mr Hiotis, Ms Marshall and Mr Kain and student helpers, Isaac Hamstead and Luke Joyce, for their assistance.

Frank McNamara, Academies Leader
Student Leadership – Student Voice Years 7-12

Year 7-10 Student Leaders were recently involved with the opening of the new Discovery Centre and will be taking part in The Bayside Future Gen Youth Conference the Hampton RSL Anzac Day commemorations next month.

This month our Senior Campus Student Leaders have taken the opportunity to provide information about recent Senior Campus student events and activities.

Jenni Howard, Student Leadership Student Voice

Monash International Women’s Day Event

On Wednesday 9th March, Mikaela Copland, Isobel Dean, Wilma Skattang Stone and I were invited to attend The Monash University International Women’s Day, at the Monash Law Chambers in Melbourne where we were listened to two keynote speakers and were able to engage in team-building exercises in small groups.

The first keynote speaker was Dr Jennifer Jamieson who studied and trained in Melbourne and was drawn to a career in global health and emergency medicine after time spent in South Africa, Nigeria and Nepal. Based in the Emergency and Trauma Centre at the Alfred Hospital she travelled to various developing countries such as Afghanistan and Tanzania and had faced adversity in many different ways.

The second speaker was Leanne Thompson, an Independent Business Consultant who is currently engaged by Australia Post to drive strategy and develop their leadership team. Over the course of her career she specialised in finance strategy, business transformation and organisational change.

This seminar proved to be quite empowering, showing that women are able to overcome adversity in school, the workplace, and anywhere else in life to become as successful, if not more so, than our male counterparts.

As a side-note, we were each given goody bags with many brochures, stationary items and a small book by Nigerian novelist and feminist Chimamanda Ngozi Adichie called ‘We Should All Be Feminists’, based on her TED-Talk by the same title. I highly recommend reading or watching it, as it was very insightful and entertaining.

Year 12 International Ambassador - Thiamando Pavlidis

Sport Captains and SRC Fundraiser BBQ for Will Murray

A big thanks to everyone for contributing to our Will Murray Fundraising Day on Senior campus, Thu 10th March. Right now, the support of the local community is really important for Will and his family. Together we raised $1100, which is a terrific result. Thanks to everyone who bought a snag, a veggie burger or a drink or made a donation. We’d also like to thank Baker’s Delight in Aspendale, Veggie Burger Kitchen in Braeside and … Meats who generously donated to us.

Student Leaders organised some music and performances from our talented senior students as well the chance to play a few games of table tennis in the Canteen area. Special thanks to the Senior Campus SRC team for setting-up, cooking and cleaning up the BBQ!

If anyone wants to make any further donations, you can go to Wheretheresawill.com.au  all donations would be greatly appreciated.

Year 12 Sport Captains - Jack Hine, Stuart Caferella and Courtney Stelling

UN Youth Australia Conference

From the 11th to the 14th of March Sammi Nievaart, Andrew Gurrin and I attended the United Nations Youth State Conference in Somers. We engaged in thought provoking debate and in-depth conversations on global issues and challenges that are facing the world today.

There were two guest speakers; the first was a US consulate who told us about her job working in the embassy. The second was Chris England, the UN Youth representative for Australia, who gave us an insight into working in the UN and the journey he took to get him where he is today. For me, the most enjoyable and interesting part was the Model United Nation debates. In these debates each person represented a country and we discussed various resolutions on topics such as journalist safety and cyber warfare. These debates enabled us to develop our skills at debating, public speaking and also our ability to form well-rounded arguments.

It was a great experience from which we all gained a lot. I’d definitely recommend it to other students to attend in 2017!

Year 11 International Ambassador Elle Duggan-Crouch
A Day at Melbourne

This special event is designed for Year 10 to 12 students and their families and allows you to come and explore our vibrant Parkville campus and find out more about the range of study options available.

**Date and time:** Friday 1st Apr 2016

**Contact:** For more information contact Rod Nelson rodneyn@unimelb.edu.au

**Location:** University of Melbourne, Parkville campus, Melbourne, Victoria

Hear from current students about what it’s like to study at Melbourne and come to tailored sessions to learn more about our entry requirements, course structures and other opportunities available to Melbourne students.

A tour of our Southbank campus will also be included in the program for those who wish to visit the Victorian College of the Arts.

This event is ideal for international or domestic students, whether you’re studying locally, interstate or in regional Victoria. It’s a great opportunity to gather information and talk to University staff about all aspects of studying and life at Melbourne.

Find out more about:
- Undergraduate degrees and graduate pathways at Melbourne
- Unique opportunities to enrich your degree such as concurrent diplomas and going on exchange and study abroad
- Admissions and entry requirements
- Access Melbourne and Melbourne Scholarships
- Accommodation options
- How parents can help with the transition to university.

**Dookie Course Information Day**

**Date:** Sunday 17 April

**Time:** 10.00am - 2.00pm

**Venue:** Dookie Campus, 940 Dookie-Nalinga Road, Dookie

Tour the largest farm campus in the Southern hemisphere including the campus’ robotic dairy.

Learn more about our NEW Bachelor of Agriculture curriculum

Discover the pathways into our New Generation Doctor of Veterinary Medicine

Find out how the Diploma in General Studies can be a stepping stone to a degree in Agriculture, Commerce, Science, or the Environments.

Learn about the range of programs offered at the Faculty of Medicine, Dentistry and Health Sciences

Speak to University of Melbourne staff about admissions.

Meet and chat to our academic staff and current students.

Morning and afternoon tea will be provided.

Access all day course advice on the programs offered by the Faculty of Veterinary and Agricultural Sciences and by the Faculty of Medicine, Dentistry and Health Sciences

Tour Dookie Accommodation

**The Age VCE and Careers Expo**

**Dates:** Thu 5 & Fri 6 May 10am-3pm, Sat 7 & Sun 8 May 10am-4pm

**Venue:** Caulfield Racecourse (an indoor venue) in Station Street. Caulfield Station is opposite the venue, trams and buses are within 200 metres. Ample free parking is available.


Mary Tonios, Careers 7-10 Campus
AFTER SCHOOL DANCE PROGRAM

HIP HOP: BRODIE LUCAS

JAZZ & CONTEMPORARY: JAYDE LOTHIAN

Location: Sandringham College Dance Studio
(Located at the Senior Campus on Holloway Rd – access via gate 3)

With both teachers graduating from Sandringham College and completing 2 years full time dance at Patrick Studios Australia, Jayde and Brodie are both very experienced dancers in all styles. Teaching at numerous schools around Melbourne, these teachers are very experienced in numerous styles, including jazz, contemporary, hip hop and commercial.

Specializing in dance technique and performance, these classes are perfect for anyone wanting to learn how to dance or improve their skills.

The students will have the opportunity to perform various times during the year.

FRIDAY AFTERNOON DANCE CLASSES FOR BOYS AND GIRLS AGED 11-16

HIP HOP 4PM – 5PM

JAZZ 5PM – 6PM

CONTEMPORARY/LYRICAL 6PM – 7PM

$12 PER CLASS
$22 FOR 2 CLASSES
$32 FOR 3 CLASSES

FIRST CLASS FREE!!

CLASSES COMMENCE FRIDAY 15TH APRIL 2016

CONTACT
For inquires and enrollment please contact:

JAYDE LOTHIAN – Studio Owner/Principal
Ph: 0402 103 370
OR
Email: Jayde_Lothian@hotmail.com
School refusal: an information session for parents

By Joanne Garfi, Psychologist

Date Wednesday, 20th April 2016
Venue City of Kingston Mentone office
34 Brindisi, Street
Time 10am - 1pm.
Cost Free, bookings essential by Monday 18 April

School refusal is a complex and common issue in our society affecting up to 5% of children, and is stressful for the child, their family and the school. The more time the child is away from school, the more difficult it is for the child to resume normal school life. If school refusal becomes an ongoing issue it can negatively impact the child’s social and educational development.

This information session will provide parents and teachers with an understanding of this complex issue and will provide them with a range of strategies they can use to assist their children.

This information session will address:

- What is school refusal?
- How common is it?
- Types of school refusers
- Why children refuse to go to school
- The symptoms school refusers present with
- Short and long term consequences of school refusal
- What parents can do (practical strategies)

Joanne Garfi is a psychologist with 23 years’ experience and expertise in child and adolescent issues. She has 8 years experience as a school psychologist, working in both primary and secondary schools providing specialist training to teachers. She has special interests in the treatment of Anxiety and Panic Disorder and is well known for her work with school refusal, childhood anxiety, behavioral disorders and developmental issues. She utilizes Cognitive Behavioral Therapy (BCT) and skills development and prefers to take a whole person approach to treatment. Her emphasis when working with children is to have families and schools working together to bring about change.

Bookings essential by Monday 18 April
To Alisa McDonald City of Kingston Youth Services
t 1300 369 436 or e youth.services@kingston.vic.gov.au

Proudly supported by
Lions Club of Mordialloc-Mentone Inc.
Teen Time

Teenagers need their parents more than at any other stage, yet too often they are left to their own devices.

The Myth of ‘I don’t need you’
Ken and Margaret Mellor, in their wonderful book Teen Stages, dispel the myth that teenagers don’t need their parents. The authors state that teenagers need their parents, but they won’t let on.

My experience raising three teenagers supports the fact that teenagers want their parents to succeed in managing, guiding, nurturing and supervising them. Adolescence is too hard for them to go through on their own. They benefit from the close physical presence of a parent – not in a smothering way – but someone who is monitoring their wellbeing and supervising their behaviour.

This can’t be done by mobile phone. Yet most teens won’t show their gratitude if you provide the close parenting they need. It’s not until they reach their early to mid twenties that they come clean and deliver a sort of belated apology to their parents. In the meantime, you need to hang in there.

Turn Conventional Wisdom On Its Head
It’s time to turn conventional wisdom on its’ head and start dedicating more rather than less time to raising teens. That way we’ll go a long way to giving them what they need, that is, parental guidance, management, nurturance and support to help them safely negotiate the twists and turns of the developmental journey from childhood into adulthood.

Minimise Being Home Alone
Late afternoon is a recognised danger zone for adolescence. Toddlers stay in long daycare and primary-aged kids use after-school care or are happy to be picked up by others. However, for teenagers who are testing their independence this is a tricky time.

 Teens who are left to their own devices are more prone to engage in risk-taking behaviours, lose themselves online or in some cases become addicted to computer games. The world is trickier than when we grew up. Cyber-bullying, self-harm and depression are now part of the adolescent landscape.

Teenagers still need supervision, whether it’s through structured activities such as sports training or after-school or holiday programs. They also need parents who check up on them, make sure homework is completed and ensure that they have fulfilled their family obligations including completing their chore list.

‘The younger the child, the more they need their parents” has been traditional wisdom for some time. Many parents respond to this mantra by spending as much time as they can with babies and toddlers, then ramping up their careers as their kids move into school age. The older the children, the less time is put aside for them appears be the current practice.

The Twists and Turns of Development
This notion assumes that child development and children’s independence is a linear process where parents can increasingly step back as kids get older. BUT this is wrong!

A child’s development is full of twists, turns and reversals so that a 10-year-old who is beginning to experience the confusion that can come with early adolescence has a far greater need of her parents than she did at eight.

While toddlers are very adaptable and can be satisfied with attention from caring adults, teenagers are far more in need of the special care and supervision that their parents provide.

The age between 10 and 14 is a particularly needy time. Friendships become complex and the challenges of school can overwhelm children at this stage. They benefit a lot from late afternoon and evening chats with a parent. Mornings are too rushed for the types of conversations they need.

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.

parentingideas.com.au

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