Words of Wellbeing in VCE by Makayla Bulte

The importance of coping under stress is the one thing which becomes a necessity in VCE: having the ability to work to deadlines becomes second nature and performing in exam conditions habit. The pressure in VCE, while it may seem talked up, is real, and it is critical to front up to the stack of homework.

The particularly stressful area of VCE is the idea of fitting in everything in a 24 hour day. You are expected to have a decent sleep, attend school, have a social life, play sport, be part of the family and study all in a day’s work. So much and so little time. Time management: if you don’t know it already you soon will! In order to excel in VCE, the number one tip is sacrifice.

In the scheme of things it is 18 months which require your hard work and your full attention. I am not saying stop everything outside of school, because you need breaks. All I am saying is that when it comes to the crunch, know where you stand and what is important to you. Moderation is the key: moderate your life outside of school but don’t just cut it off. You need to find that happy medium, you’re still happy and have things to look forward to outside of school.

This idea of time management is one most VCE students struggle with. If I could give parents one tip, it is to be there for us. Be on our backs, if it means taking our phones off us do it, we might hate you at the time but when it comes to December 15 and results are realised we will be thankful.

And, as silly as it may sound, in Year 11 find that balance, discover a routine which works. But most importantly surround yourself with people who push you to do your best, and are supportive.

The number one error of students is comparison, don’t compare yourself to anyone else, run this race for your own good.

Ensure you finish Year 12 knowing you tried everything and didn’t leave any doors shut.

Don’t just make it another year, make it the year. Take care of yourself, both mentally and physically. Create the path to your dream goal.

Aim for the moon, even if you miss you’ll land among the stars.

Makayla Bulte, Year 12, Sandringham College.

Makayla is a nominee in the VCAA VCE Leadership Awards 2015. She is currently a Student Leader (Sports Captain) at Sandringham College, and organised last week’s highly successful and very enjoyable ‘Wellbeing Week’ in association with RUOK day. See below for further details about Wellbeing Week.
Senior Campus News

Term three is quickly drawing to a close. The highly anticipated College Production season of Little Shop of Horrors is now in full swing. The cast and crew have been working tirelessly all term rehearsing and assisting staff in preparation for this 2015 College Production season. They have spent countless hours, evenings and weekends ensuring every aspect of the show is perfected. I have been both delighted and astounded at the commitment, energy and comradery shown by the students during this process. We must thank our amazing Performing Arts staff who have given up much of their personal time to give our students the opportunity to perform in such a professional production, develop their talents & creativity …… and have a lot of fun!

The end of term three means that year 12 students are close to the final stage of the school year. Unit four course work will be mostly finished by the end of term three and the trial exams commence on the last day of term with English and English Language. They continue over the first three days of next term. These trial exams help staff and students establish a base line so that teachers can further assess student strengths and weaknesses in the lead up to the examinations and through the revision process. After the trial exams, year 12 has 2.5 weeks of formal classes before Graduation Night and the revision process continues right up until the day of each examination. This of course can be a very stressful time for students and we very closely monitor stress levels and offer plenty of support, both academically and emotionally, to all students.

Year 12 students and their family and friends are reminded to put Thursday October 22nd in their diaries for Graduation Night. Held in Robert Blackwood Hall at Monash University, this wonderful event is the highlight of the year 12 year and the last opportunity for the Class of 2015 to be together as a cohort. Every student receives a presentation on stage on the night which is celebrated emotionally, to all students.

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Activities throughout the week included extra games run by sports captains, ice-cream van, girl’s self-defence, yoga & wellness class, bbq, seminar for parents which gave strategies to help their children through these important years. Thursday was also “R U Ok Day?” where we had a bbq, youth services, chocolate and games for all students, across all campuses. The student leaders, along with Leading Teacher Jenni Howard organised many of these events in support of the student body. Special thanks and congratulations to Makayla Bulte who was the main organiser of the events and liaison person on behalf of the student leaders.

Vivienne McElwee, Principal, Senior Campus

Unit 4 students undertook the last in the series of Elevate Study Skills sessions on Tuesday September 8 from 3-4. The Senior Campus staff also participated as a Professional Learning exercise to ensure that we are all using common language and techniques in the Revision period. 96% of students who attended reported in the evaluation that the seminars were ‘time well spent’ and 100% ‘recommended them to (their) peers.’

A reminder that students can access a range of practice questions, presenter tips and a copy of Elevate’s guide to student success at the website:

http://au.elevateeducation.com/
Username: elevate
Password: pacco.

Year 11 students and their parents will undertake course counseling with Student Managers and Domain Leaders on the first three days of Term 4 (Oct 5 ,6, 7) and Year 10 students will do the same November 13, 16, 17.

Melinda Gall, Assistant Principal, Senior Campus

Are you 17 Years or older?

If you are 17 years old or older you must carry a Student Concession Card (SCC) when you use public transport. Failure to do so can result in fines over $200 - as several of our students have recently discovered! The SCC only costs $9.00

Copies of the Student Pass Application Form are available from Senior Student Managers Office, Senior Admin Office or online at ptv.vic.gov.au. Fill out form, get an ID photo taken (from chemist) and hand in to office to be signed and stamped. This completed form can then be handed in to any major railway station for payment.

Achievement • Creativity • Independence • Integrity • Respect
Maths Adds Up

Most of the top 10 best jobs (based on work environment, income, stress, and other factors) call for backgrounds in Mathematics and Science.

‘Maths Adds Up’ is a resource commissioned by the state government for all secondary students. It is a collection of current job advertisements from a diverse range of industries and explains the math skills needed for each job applicant.

Please click on the attachment and spend 10-15 minutes (parents are strongly encouraged to do this with their child) browsing the document:

file:///J:/Newsletter/Sep%202015/Content/Maths-adds-digital%20(1).pdf

The Albert & Bernard Brainteaser

Albert and Bernard just became friends with Cheryl, and they want to know when her birthday is. Cheryl gives them a list of 10 possible dates

May 15; May 16; May 19; June 17; June 18; July 14; July 16; August 14; August 15; August 17.

Cheryl then tells Albert and Bernard separately the month and the day of her birthday respectively.

Albert: I don’t know when Cheryl’s birthday is, but I know that Bernard doesn’t know too.

Bernard: At first I don’t know when Cheryl’s birthday is, but I know now.

Albert: Then I also know when Cheryl’s birthday is.

So when is Cheryl’s birthday?”

Answer to last month’s puzzle:

“The King called the three wisest men in the country to his court to decide who would become his new advisor. He placed a hat on each of their heads, such that each wise man could see all of the other hats, but none of them could see their own. Each hat was either white or blue. The king gave his word to the wise men that at least one of them was wearing a blue hat - in other words, there could be one, two, or three blue hats, but not zero. The king also announced that the contest would be fair to all three men. The wise men were also forbidden to speak to each other. The king declared that whichever man stood up first and announced the color of his own hat would become his new advisor.

If you were one of the wise men, what should you do?”

The word FAIR in probability means they all have the same chance. Therefore to all have the same chance, they must all be wearing a blue hat!

Australian Maths Competition

Congratulations to the Year 11 and 12 students who entered the Australian Maths Competition this year. We are very pleased to announce the results.

Effie Yang received a Distinction. Credits were awarded to Jack Batson, Zhixin Zhang, Odin Karis, Haocheng Li, Chiara Bresciani, Andraya Gafun, Jiahuan Liang, and Alistair McCombe.

Proficiency certificates were awarded to Veronica Kukec, Wenxuan Lin, Cici Shao, Alex Warby, Brienna Allman, Josh Tindall, Fraser Gillies, Sean Peacock, Vincent Van-Oorschot, Jordan Young, Harry Millington-Palmer and Simon Kaev.

To these students and all the students who entered, well done and we hope you will be encouraged to enter again in 2016.

VCE Math Students

Make sure you use the time over study break wisely.

• Review all your class notes
• Complete as many practice exams as you can
• Attend external revision lectures (see your math teacher for pamphlets)
• Use all your resources
• Ask for help when you need it.

Remember; Practice makes Permanent.

Justine Sakurai, Math Domain Leader

Special Exam Arrangements for Year 12 students

If a student has developed an ongoing health condition that is going to affect his or her ability to complete their final exams, please contact Sheryl Burgess, the VCE Exams /Student Support Coordinator, as soon as possible to obtain advice about how to apply to VCAA for special exam arrangements. Specific medical evidence is required and a form must be submitted to VCAA for approval. Some students already have special arrangements in place for the year and they will have received official notification from VCAA.

In the two week period leading up to the final external exams, including those for Performance and Languages Other Than English, there are emergency arrangements that can be set in place if a student should become ill or experience a traumatic event or accident. The VCAA encourages all students to attend their examinations, except where there is specific medical evidence which advises against a student sitting an examination. The school should be contacted as soon as possible and suitable arrangements will be made to support the student. Medical or other appropriate documentation will need to be provided.

A Derived Examination Score (DES) may be approved for a student who is ill or affected by a personal trauma or ‘serious intervening event’ to the extent that their examination result is unlikely to be a fair and accurate indication of their learning achievement in that area of the examination.

A personal trauma may include but is not limited to the death, serious illness, or an accident involving a family member, or family breakup. A serious intervening event may include but is not limited to an accident on the way to or at an examination, attendance at a funeral of a family member or other person of close relationship, or the required attendance at a court proceeding.

Students should always attempt to sit an examination if possible, as a DES may not be granted. Please note that the decisions regarding emergency arrangements and to grant or withhold a DES are made by the VCAA, not the school.

Please ring if you have any questions on 8599-0516 or email: burgess.sheryl.s@edumail.vic.gov.au
Simplot Australia - Inspiring our Students

Simplot Australia opened their Innovation and Design Centre to Sandringham College students for the third year running in August.

The Unit 2 Food & Technology students were shown around the test kitchen, Technical Centre and participated in a sensory evaluation of a Simplot favourite - Chips.

Many thanks to the Culinary team who hosted us and provided a ‘goodie’ bag for all students to use to create a meal using a Simplot product. This year Business management students were also invited to visit Simplot in August.

Forty-five eager Business Management students were privileged to spend an afternoon with the Chief Financial Officer (CFO) and Marketing Manager. A generous team of Simplot staff proudly offered a presentation that linked the Unit 3&4 Study Design and offered a hands on tour of the research facilities and modern open style offices.

Students will no doubt be better equipped to manage the future internal dynamics of Large Scale Organisations and will be ready to tackle any finance, operations, human resource and change management questions in upcoming exams.

Annette Vichie, Food Technology Leader

Dance Workshop with Rachel McSween

Rachel McSween is a professional dancer and dance teacher from New York.

She has danced with the Alvin Alley American Dance Theatre, Alley II, the Dallas Black Dance Theatre and Complexions Contemporary Ballet, as well as in musical theatre and on numerous music videos. Rachel visited our college on Wednesday August 5 and ran a series of workshops for our dance students.

Work Experience placements needed – Can you help?

As part of the Victorian Certificate of Applied learning (VCAL) program students are required to obtain 100 hours per year of meaningful work placement or part-time work. Some industries our students are looking at:

- Agricultural & Horticulture (Florists, nurseries);
- Personal & Sports/Recreational Training (sports stores);
- Educational (kindergartens, primary schools);
- Carpentry, building & construction, gardening, landscape work;
- Business (Office, insurance, reception work);
- Music, performing arts;
- Catering and Hospitality;
- Communication & Design.

The VCAL students are not at school on a Friday to allow them to work part-time and many are willing to work on weekends. Please note that work cover and public liability is covered by the DET. The only expense to the employer is the $5.00 per day minimum rate of payment. If you think you have such an opportunity or would like further information, please contact Margaret Forbes on 0413 582 884 or email forbes.margaret.m@edumail.vic.gov.au

Thank you in anticipation.

Margaret Forbes, Work Placement Officer

VET Dance

On Friday August 28, all of the VET Dance students attended a Contemporary Dance workshop with international contemporary dancer and choreographer Jason Winters.

The workshop was held at Patrick Studio’s Australia in Port Melbourne and was an amazing learning experience for everyone involved.

Meg Lee, Dance Coordinator
Sandringham 7-10 News

Last week the 7-10 and Beaumaris Campus came together for an assembly to acknowledge the wonderful events and programs that have defined such a memorable Term 3. This assembly was attended by Leon Sterling, Pro-Vice Chancellor of Digital Frontiers at Swinburne University, who was part of our Principal for a Day program. Mr. Sterling was so impressed by the extent and variety of opportunities we offer, and also our students’ enthusiastic participation and leadership.

Our assembly was hosted by our School Captains, Katherine Ellison and Rory Hall, who lead the celebration. For the first time the entire 7-10 community watched a video which illustrated the exciting work of our Year 8s who competed in the Robotics Challenge. Year 7 students Katelyn Broadway and Beau Harrison spoke to the assembly about the magnificent ‘Night of the Notables’, which was not only a spectacular and entertaining evening, but a significant learning project for all Year 7 students.

It was also an opportunity for us to discuss our ski program, including the recent ski camp, but also our recent successful participation in the ski competitions, organized by Mr Wegner. Our student debaters were presented with certificates to recognize their fine work in the inter-school competitions, and also the long hours they spent developing their skills in preparation.

The assembly concluded with a professional performance by Kyle McKinnon in a musical scene from the school production “Little Shop of Horrors”, which I know many of you have enjoyed over the last week.

Finally Year 8 students Luc Dann and Raz Cohen discussed plans for “Are You OK?” Day and reminded us of the care we need to take with each other.

Needless to say we all appreciated the opportunity to reflect on the highlights of the term and are deeply proud of our students. I also know that beyond the students and events recognized in the assembly there are many more activities and achievements happening. I look forward to celebrating these in the future and thank all students and staff for a term that has delighted us all.

Russell Watson, 7-10 Campus Principal

Again we have had a successful, busy term. I had the pleasure of attending the Year 10 camp, ‘Future Directions’, and was impressed by the maturity, independence and integrity with which our Year 10s considered their pathways. It was also great to see so many them at the vibrant Senior Subject Expo, learning about the wide range of options awaiting them in their final years of school.

As we move in to warmer weather, please remember that as part of our SunSmart policy all students are required to wear the college hat in Sport and PE classes during Terms 1 and 4. Students are also encouraged to wear the hat to and from school, and during recess and lunchtimes, especially if playing in unshaded areas such as the basketball court. We also strongly recommend that students get in to the habit of wearing a quality protective sunscreen each day.

I hope that all families have a safe, restful term break. Looking forward to an exciting Term 4!

Ciar Foster, 7-10 Campus Assistant Principal

Uniform Transition

A reminder that weeks one and two of Term 4 both summer and winter uniform may be worn, but week three will have all students in summer uniform. If you require summer uniform items, our supplier is Bob Stewart in Florence Street, Mentone.
Year 7 & 8 Overview

I would like to thank all Year 7 & 8 students for their work this term. It has been a busy one.

I was so proud of all the Year 7’s for their work on Night of the Notables. The evening was a huge success and such a good way to celebrate their hard work. Thank you to all staff involved and to all parents and relatives who attended – it was nice to see the Year 7’s so happy.

We were most impressed by the depth of knowledge they gained throughout their research and how they were able to answer challenging questions on the night. It was a great example of an inquiry project and allowed students the opportunity to work independently and showcase their creativity.

Year 8 students are currently working on their Quest project and next term they will be having their final High Resolves workshop, which will complete their Justice module. I hope everyone has a relaxing break and I will look forward to another busy Term 4.

Steve Dixon, 7 & 8 Sub-School Leader

Year 7 News

This term we had many opportunities to celebrate our talented year sevens. We had enthusiastic debaters who participated in several competitions, the SRC students held a morning tea to raise funds for cancer, 30 students completed the Premiers Reading Challenge, we participated in Districts Athletics and we also had students in the College Production.

One of the highlights of the term is Night of the Notables and the year sevens worked enthusiastically to ensure that the evening was a great success. We had the opportunity to meet notables such as: Nelson Mandela, Bill Gates, Walt Disney, Marie Curie and Steve Irwin and for the first time we had a Notable, Dr Keith Waters on stage and in the audience. The evening started with an on stage introduction of our Notables and it was good to see how confidently they all presented themselves to the audience. After the introduction, family and friends had the opportunity to visit each of the individual Learning Centres, learn more about the Notables and sample some of their favourite treats. The skills they learnt during this process will stand them in good stead for the many research projects to come during their time at Sandringham College. Congratulations to the Year Seven students on their amazing efforts.

At the start of next term, students will be required to wear their summer uniform. A reminder that white socks, with no logos are to be worn with the sports uniform. Please ensure that all items are clearly marked.

Mariza Pagel, Year 7 Student Manager

Night of the Notables

Night of the Notables is when you research someone who had been an important influence on society and became well known for their efforts. All of us in Year 7 learned a lot about our notables – we learned that Michael Long walked from the Melbourne suburbs to Canberra Parliament house. And that Steve Irwin was afraid of parrots.

Starting our project we had a full week of researching, which was called the intensity week, this means that most of our periods were learning and researching about our notable. On the night, some of the most amazing posters, costumes and presentations were JK Rowling, Victoria Woodhull, Anne Frank, Steve Irwin, Mozart, Walt Disney and many more.

On behalf of all Year 7 students we would like to thank Ms Pagel, Ms Foster, Mr Dixon, Mr Watson, Mr Webster and Ms Marshall and all staff involved.

Beau & Katy, Year 7 students
Year 8 News

Congratulations and well done to the many Year 8 students who worked hard to make and enter their robots in the Districts Soccer Robotics Competitions. Sandringham entered many teams and one of those teams made the grand final losing by a golden goal in extra time. The students are now preparing for the state finals and they cannot wait.

With the very cold weather recently there has been a drop off in the uniform standards. Please make sure that sports uniforms are the actual school shorts worn with plain white socks and jackets must be the school uniform jackets.

There has been a blitz on lateness this term with regular offenders attending detentions. Please make sure that if your child has a legitimate excuse for arriving late or being out of uniform that they come to school with a signed note explaining why.

Parents/Guardians please do not forget to call the absence line on 9599 5606 when your child is absent or late. Lots of blue raffle tickets have been handed out recently for students being good with Olivia Kelson, Deavon Tay Wakefield, Tony Bonica, Daniel Kalra, Jordan Wang, Zane Collins, Nevada Thatcher, Sean Parkinson and Hannah Vaudrey receiving $5 canteen vouchers so far this term.

Jim Hiots, Year 8 Student Manager

Year 10 News

Our Year 10 students have had a very successful and busy term. Recently students attended the Senior Subject Expo night and have just selected their subjects for Year 11 and have carried themselves through this process extremely maturely. They have spoken to their careers counsellors about their subject choices and career paths.

It was also great to see so many students at the recent parent/teacher interviews. It’s really important that we are able to celebrate the successes together and work on areas of improvement.

Next term will once again be very busy with the inclusion of exams, the formal, farewell assembly and finally Headstart at the senior campus. Exciting times ahead, make sure you stay focused and continue your work outside school hours.

Adam Paterson, Year 10 Student Manager

Macbeth The Play

Year 10 students were recently given the opportunity to be part of an audience for the Bell Shakespeare Theatre Company’s performance of ‘Macbeth’.

Students had a unique opportunity to gain insight into each character’s actions due to very clever scripting and the customised nature of the performance.

In addition, the actors were able to throw further light upon their characters by taking questions from our students on any aspect of the play.

‘Macbeth’ is part of the Year 10 curriculum and it is hoped that the experience was a beneficial one.

Literary Magazine Entries Close Oct 7th

All students are encouraged to submit their original creative writing to the College Literary Magazine. Entries close Wednesday October 7.

This could include short stories, poetry, song lyrics, screen plays or scripts. Successful entries will be published in the magazine and various awards will be presented. Students can submit more than one entry.

Any questions, please see Enza Sepe. Best of luck.

For entries: http://www.sandringhamsc.vic.edu.au/?s=literary+magazine
Building News

As the pictures attached suggest, the new Learning Centre at Sandringham 7-10 is rapidly taking shape. The building site offices have gone and we can now view our lovely building with a clear perspective from the oval. Standing inside, the high ceilings, detailing with timbers and vibrant colour have us all very much looking forward to moving in.

External pavement and landscaping works will commence next week and final finishing touches will take place over the next few weeks.

Once the College is officially handed over the building it will take some time to move equipment and furnishings in to place.

Some ad-hoc classes will take place in this new building next term to allow us to get a feel for the new learning spaces and their capacities. Official and regular classes will not take place until first term, 2016.

As these works conclude, our next plans for the Senior Campus Science / Maths and Media and Sandringham 7-10 Administration buildings are currently with the Department for approval, so the cycle continues. Fantastic news for Sandringham College and its community.

Suzanne Reinhardt, Building Coordinator
We are hopeful that the extreme cold winter weather has left us behind and that the few sunny spring days we have had continue. It has been a pleasure to observe the football, cricket, basketball and soccer games being played on the ovals during morning recess and lunch and to see the students enjoying being outside.

Students are reminded that next term is a summer term for uniform, so during weeks one and two term 4 either uniform may be worn, but week three will have all students in summer uniform. Should you need replacement uniform items, our uniform supplier, Bob Stewart is located in Florence Street, Mentone.

The Night of the Notables has been a major focus of our year 7’s English and Humanities studies this term, and what a wonderful evening it was. Big thanks to Ms Trenfield and Ms Brookes for their work with the 7W boys and to all the students and families for jointly contributing to such a lovely display. It will be an event I am I sure all will remember.

Year 9 students have been studying Shakespeare in English classes and all students were taken to view live shows of Romeo and Juliet or Mc Beth. These excursions were well attended and feedback from staff and students was extremely positive.

The current round of Initiative activities concludes on the last Thursday of this term. Our students have continued to represent the College well and have embraced the unit focus. Ms Arnott has many hand crafted goods ready for donation to Helping Hands; and the Creative Writing unit (Telling and Selling Your Story) are working with a professional copyright editor to finalise their writing.

Mixed Challenge recently enjoyed a Master Chef Day and Indoor Rock Climbing. Community Service students have been enjoying their placements and Retrain Your Brain students have had some thought provoking activities and excursions provided.

NAPLAN results were either handed out at Parent Teacher Interviews or should have been received by post. The College was particularly pleased with our overall data and has again performed above State benchmarks.

I hope all students, staff and families enjoy the term 3 holidays and we look forward to seeing everyone back on Monday October 5th.

Suzanne Reinhardt, Principal, Beaumaris Campus

Congratulations to Naomi, Shani, Karys, Ben, Eugene and Lachie for being chosen to represent our College at the School of Student Leadership in November. We look forward to hearing all about your experiences and the Community Learning Project you put in place upon your return.

Term 3 Initiatives units are quickly coming to a close. This term students have been engaging in many activities such as Community Service placements within the local community, discovering the importance of a healthy mind and body through visits to The Dax Centre and laughing yoga, and, improving their creative writing. Thank you to all of our community providers who enabled our students the opportunity to complete voluntary work.

Once again, a fantastic term full of creativity and engagement from our Year 9 students.

Rosie Hindle & Nadine Clarke
Library News

August is traditionally the month to celebrate reading in schools and at Sandringham College there has been much to celebrate.

Sandringham College Reading Challenge

Congratulations to all students who completed the Sandringham College Reading Challenge. A morning tea was enjoyed by 60 students to celebrate their reading of at least 15 quality fiction books throughout the year.

Speed Dating With a Book

Another activity in August was run by ULYSSES bookshop in Sandringham. The owner, Tracey Challis, brought a selection of current fiction with the intention of convincing students to read each title by promoting it for no more than two minutes. This was very successful and students decided we needed to add all the titles spoken about to our collection.

Children’s Book Council of Australia

This year’s winner of the Young Adult book of the year is ‘The Protected’ by Claire Zorn. This, and Zorn’s first book, ‘The Sky so Heavy’ are very popular with Sandringham students.

Bayside Library

Sandringham College has strong links with Bayside Council libraries and they offer various opportunities for our students. Year 8 students attended a presentation by Scot Gardner, a popular author of YA fiction. He spoke of his experiences as a writer and was very entertaining.

Many Year 12 students will attend a VCE English revision session at the Beaumaris Branch in the holidays. This session is free but bookings are essential.

Alice turns 150 Years Old!

Tuesday 15th September we celebrated the 150 year anniversary of the publication of Alice In Wonderland with a tea party in the library.

Holiday Reading

When asked to recommend five books for holiday reading, after much debate, the following books were decided as ‘GREAT READS’ by BookClub members:
1. One True Thing by Nicole Hayes
2. Michael Vey by Richard Paul Evans (Series)
3. Because You’ll Never Meet by Leah Thomas
4. The Interrogation of Ashala Wolf by Ambelin Kwaymullina
5. Breakthrough by Jack Andraka.

Students are encouraged to borrow lots of titles to read during the holidays.

Trivia Night

Congratulations to our PTF for a very successful Trivia Night at Cheltenham Golf Club. It was most a most entertaining evening and a great time was had by all who attended.

The theme was Black & White with a touch of Bling - dress-ups included a security team and a nun.

The evening raised more than $3,500 which was a fantastic effort. We are very grateful to our fabulous PTF Committee, headed by Catherine Kirby, who worked so hard to put this event together. Also thanks to staff, parents and friends who supported our College by attending the event and to those who donated toward the Silent Auction.

A huge thank you to our sponsors (following):

Lifestyle portraits; Philip Island Nature Parks; Yoga Arts Academy; The Sandy Bistro; Palace Theatre; INTIMO; Helen O’Grady Drama Academy; Elite Allstar Cheer and Dance; Pilates Plus; Cablewise Electrical Services; Laser 3190; Arena Fitness; Sandringham Sports Medicine; Skinnovations; Lisa Gilchrist; Victoria Lily; Teresa Savage; Germain Vilbert artist; Blackdog Petfood; Kathleen McLeod (Weekend Away); Village Cinema; Swim Right; Green Cross Vets and Carmens Foods.
International Students visit Moonlit Sanctuary

On Tuesday 11th August 2015 a group of International students visited the quiet and peaceful Moonlit Sanctuary in Pearcedale, a haven for endangered Australian animals only one hour from Sandringham College.

We arrived to be warmly greeted by our guide for the day who firstly introduced the students to some prickly lizards and shiny snakes. Several students screamed and jumped out of their seats, but most were fascinated by meeting these creatures for the first time.

After a short break, we toured the sanctuary and viewed the new wombat enclosure which is home to an active family of wombats. Students were fascinated by the free roaming kangaroos and wallabies and enjoyed hand feeding the friendly marsupials.

The highlight of the afternoon for most of the students was the up close photographic opportunity with the resident koalas. There were smiles all round and lots of chatter about the weird and wonderful creatures which call Australia home.

www.moonlitsanctuary.com.au

Sovereign Hill Camp – International Students

(Language Centre & Years 10-11)

It was a fun and joyful one night camp to Sovereign Hill on Monday 24th & Tuesday 25th August 2015. On the first day we dropped our bags at a lovely and neat caravan village. We decided to walk the 20 minutes into Ballarat town. The students weren’t keen as the weather was cold but in the end they were happy walking around for an hour and took lots of photographs!

At night after an early dinner in the 18th century New York hotel in Sovereign Hill we attended the “Blood on the Southern Cross” – sounds and lights night show. It was really cold and wet so the students all huddled up together to keep warm. Even though most of the students didn’t know much about the history of Sovereign Hill they had lots of fun and it was exciting for them to walk in the old gold mine town in the dark of night!

The students had a great time in their own cabins at night and behaved well. Early in the morning we had a home-made yummy breakfast and walked back to Sovereign Hill to begin our day of adventure. We went into the gold mine tunnel underground, watched the gold pour, played vintage bowling and panned for gold.

It was a wonderful camping experience and a great place for International students to visit. A happy group of students were exhausted in the bus on the way home and slept most of the journey.

Attended by staff– Denise, Lulu and Paguel
Student Leadership – Student Voice

The last few weeks have seen students involved in all aspects of our College. Last week Katherine Ellison and Rory Hall both confidently hosted the Sandringham Campus Creativity assembly that focused on the creative projects currently being completed on all campuses.

Student Leaders were involved in ‘Sandringham College Wellbeing Week’ across the College as barbeques and activities were organised in conjunction with Bayside and Kingston Youth Services.

On Senior Campus, SRC President and Student Leader, Makayla Bulte arranged a number of activities to assist students in Year 11 and 12 as they approach practice exams and end of term.

Our RUOK? Day was generously supported and assisted for the second year by Coles Southland and Baker’s Delight – Beaumaris and Hampton. Funds raised will be donated to assist teenage mental health and wellbeing organisations.

“After much work and the careful organisation of activities for our second ‘Sandringham College Wellbeing Week’, it was amazing to see the week come together and run so smoothly. With an ice-cream van, music, games, a parents’ night and a barbeque we were pretty busy.

The highlight of the week would have been the overall lift in spirits of students and teachers on the campus. In the yoga class the laughs where endless and the ‘Girls’ Self Defence class where all walked away knowing more about how to protect themselves. It was outstanding to see the school community come together on R U OK? Day; enjoying music, sport and a barbeque.

Overall the week was pretty therapeutic, and enjoyable. It was a great way to take some of the pressure off us.” Makayla Bulte (VCAA Student Leadership Finalist 2015)

Thanks to all of the Student Leaders and College staff who helped out with the many activities over the past week. Congratulations to Makayla on her hard work and commitment.

Jenni Howard, Student Leadership/Student Voice Coordinator

Navigating Adolescence

A very successful Parent Information evening was held in the Library of the Senior Campus on Tuesday evening, attended by about 40 people.

This was an event offered to parents of every student in the college via an email message that was sent out the previous week with a reminder again on Monday this week.

It was just one of the events and visits being organised by the Senior SRC – led by Makayla Bulte – for Wellbeing Week (September 7 – 11).

The speaker was local psychologist, Adrian Mc Master, who delivered an interesting and anecdotally humorous dissertation that was essentially on the "Do's and Don'ts of Parenting an Adolescent".

However, Adrian entitled the session (somewhat euphemistically): “Navigating Adolescence”.

Adrian then took questions from the audience and the session ran for a little over 90 minutes – a very generous presentation from an informative speaker who gave his time to a Government Secondary College completely free of charge for the fourth time this year.

Donations were taken for the Fred Hollows Foundation and the SRC will organise the money collected to be banked with that organisation via our office staff.

Thanks to all who attended.

Ross Down, Leader, Student Wellbeing, Senior Campus
District Athletics
On Thursday the 4th of September, Sandringham College sent a team of over 50 students to Duncan MackInnon, Reserve to compete in District Athletics.

All students put in their best efforts in the various track and field events. Special mention to Makayla Bulte, who was Senior age group champion.

We also had a number of other impressive performances with Anna Plessinger dominating the sprints in year 8 winning the 100, 200 and 400m events. Amber Stelling AWD victorious in all of the events she entered. Corey Watts winning a number of the throwing events. Courtney Stelling taking out the middle distance track events. Danielle Wearne and Olivia Kirby celebrating success in both of their respective events.

Announcement coming up.

Great Victorian Bike Ride 2015
This year we have over 50 students and a number of parents once again taking part in the RACV Great Victorian Bike Ride later this year.

This event is a ride of 9 days covering the 540kms around the Goldfields. Training has just started with students riding on Beach Road on Sunday mornings. All of the students are building their skills, confidence and fitness for this event. It is great to have representation from each of the 3 campuses coming together as one college with students from all year levels.

It is my pleasure to announce that we have two Gold Sponsors in AC Hall Air Conditioning and Kirchner Constructions. The support from local businesses such as these is highly appreciated.

Thank you.

Michael McGowan

Marine Science Scuba Excursion
On Friday 11th of September, the Year 10 Marine Science students went to WAVES for an introduction to scuba diving.

Students were both excited and nervous about the activity but by the end of the excursion everyone had a huge smile. Many commented on how much fun it was, particularly when completing skills such as clearing your mask and becoming neutrally buoyant. A big thanks to Academy of Scuba for their professionalism and enthusiasm.

Ingrid Sharer, Marine Science Teacher
Victorian Interschools Snowsports Championships & Nationals

On the 28th – 30th of August, we had the pleasure of taking a team of students to the Victorian Interschools Snowsports Championships at Mount Buller. The Competition, which has been running since 1958 has grown to become one of the premiere School sporting competitions in Victoria, with over 170 Schools and 6000 students competing annually.

Our students, Rory Hall, Renee Lee, Ave O’Donnell, Jake Plumb, Molly Quinlan and Finn Sparrow competed in the Snowboard cross event. We watched from the sidelines as each of our competitors took their turn down the narrow course which included turns, jumps, rollers, drops, steep and flat sections. Our students handled the course with speed and precision and did exceptionally well considering most had never raced before. All of our students finished the race in 55 seconds or less, an amazing result. In the boy’s competition, both Ave and Rory made it through to the Victorian boys final and Rory has progressed to the Australian final. Molly Quinlan represented our college in the Victorian Girls’ Final and also progressed to the Australian National Ski & Snow Board Championship, which was held last Sunday 13th September.

Rory Hall came 29th in the Board Cross and Molly Quinlan came 17th in the Board Cross. Fantastic results and congratulations to both.

Marnie Sparrow and Rob Wegner

COLLEGE SKI TRIPS

Senior Ski Camp 2015

The Annual senior camp ski trip to Mount Hotham and Falls Creek was a great success this year. Despite mixed snow reports prior to our departure, we were lucky to have fresh snow on both mountains for the entire week with bursts of sunshine throughout the days. Students had lessons every day to advance their skiing or snowboarding skills and it was wonderful to see so many happy, albeit tired faces at the end of each day. Thirty-nine delightful students came to the camp this year, making it one of the most successful trips, with only one minor injury.

Thank you also to the teachers who came along; Bree Burke, Ben Ditterich, Anna Irminger & Nigel Kain.

Year 9 & 10 Snow Camp to Mt. Buller

The junior ski camp was held last week at Mt Buller. The 34 students that went enjoyed the spring sunshine on a very good cover of snow. We had 15 first timers and many who were just beginners. We also had some experienced ski and snowboarders who took advantage of the beautiful conditions and lack of crowds.

The students lodged on the mountain at VSL where they had to cater for 2 dinners themselves. It was good to see some students with lovely nutritious meals. The group worked harmoniously preparing meals and cleaning up. It was great to see all students improve their skills and confidence, especially the first timers. We hope next years season will be as good. Thanks to Mr. McNamara, Ms McVilly, Ms Morabito and Mr. Sosnowski who accompanied the trip. Good luck to Rory Hall and Molly Quinlan who will be competing in the National Snowsports competition this week end.

Rob Wegner